

Bible Teaching Resources

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A Practical Study of EPHESIANS

HEAVEN'S PLAN for Life on Earth

PART 1

Key verse 5:17 — *“On this account, do not be foolish but be understanding what the will of the Lord is.”*

STUDY NUMBER ONE – THE MASTER PLAN – EPHESIANS 1:1-14

KEY VERSES 1:10, 11

v. 1 Paul, an apostle of Christ Jesus by the will of God, to the saints who are in Ephesus, and who are faithful in Christ Jesus.

v. 2 Grace to you and peace from God our Father and the Lord Jesus Christ.

v. 3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenlies in Christ.

v. 4 Even as He chose us in Him before the foundation of the world, that we should be holy and blameless before Him.

v. 5 In love having decided upon us beforehand for adoption as sons through Jesus Christ for Himself, according to the good pleasure of His will,

v. 6 to the praise of His glorious grace which He freely bestowed upon us in the Beloved.

v. 7 In whom we are having our redemption through His blood, the forgiveness of our trespasses according to the riches of His grace,

v. 8 which He lavished upon us in all wisdom and insight.

v. 9 Having made known to us the mystery of His will, according to His good pleasure which He purposed in Him

v.10 with reference to a plan for the fullness of the times, to bring everything together in Christ, the things in the heavens and the things upon the earth in Him.

v.11 In whom also our lot is cast, having been decided upon beforehand according to the design of the one who is working all things according to the purpose of His will,

v.12 with a view to our being to the praise of His glory who had first placed our hope in the Christ.

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v.13 In Him you also, having heard the Word of the truth, the good news of your salvation: in Him also having believed, you were sealed with the promised Holy Spirit,
v.14 Who is the first installment of our inheritance for a redemption through which you become God's property, to the praise of His glory.

QUESTIONS:

1. Read Ephesians 1:1-14 and in your own words pull out the main thought of this passage.

2. What has God done for us, according to verse 3?

3. When did God the Father choose us, according to verse 4?

4. What is our position in Christ, according to verse 4?

5. What two things are ours, according to verse 7?

6. What is God's "plan," according to verse 10?

7. What happens to us when we believe, according to verse 13?

8. What happens to us, according to verse 14, as a result of our becoming a Christian?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Salvation involves all three Persons of the Trinity.

LESSON #2: The Master Plan brings everything together in Christ.

LESSON #3: We are bought by the Son and branded by the Spirit.

LESSON #4: Man has no part in the Master Plan.

LESSON #5: "But just as it is written, 'Things which eye has not seen and ear has not heard, and which have not entered the heart of man, all that God has prepared for those who love Him'" (1 Corinthians 2:9).

ADDITIONAL NOTES:

STUDY NUMBER TWO – HIS PLAN FOR GETTING TO KNOW HIM – EPHESIANS 1:15-23

KEY VERSE 1:18

v.15 On account of this I also, having heard of your faith in the Lord Jesus and your love toward all the saints,
v.16 I do not cease giving thanks for you, making mention of you in my prayers;

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v.17 in order that the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of wisdom and revelation in a knowledge of Him.

v.18 The eyes of your hearts having been enlightened, that you may know what is the hope of His calling, what is the wealth of the glory of His inheritance in the saints.

v.19 And what is the surpassing greatness of His power in us who are believing, according to the working of His great might,

v.20 which was operative in the Christ, when He raised Him from the dead, and seated Him at His right hand in heavenly places,

v.21 Far above all rule and authority and power and dominion, and every name that is being named, not only in this age, but also in the one about to come.

v.22 And all things He put in subjection under His feet, and Him, He gave as head over all things to the church,

v.23 which is His body, the fullness of the One who is filling all things with all things.

QUESTIONS:

1. Read Ephesians 1:15-23 and in your own words pull out the main thought of this passage.

2. What two things had Paul heard about them in verse 15?

3. What two things does Paul do for them, according to verse 16?

4. What does Paul pray for in verse 17?

5. What does Paul pray for in verse 18?

6. What does Paul say to us in verse 19?

7. What is Christ's position at this present time, according to verses 20 & 21?

8. What is Christ's position, according to verse 22?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Do people speak often of your faith toward God and your love for mankind?

LESSON #2: The reality of your faith will be revealed in your love for others.

LESSON #3: How well do you understand the Lord's dealings with you?

LESSON #4: Do you long for an enlarged capacity?

ADDITIONAL NOTES:

STUDY NUMBER THREE – HIS PLAN FOR GIVING LIFE – EPHESIANS 2:1-10

KEY VERSE 2:8

v. 1 And you He made alive when you were dead through your trespasses and sins,

v. 2 in which you once walked according to the course of this world, according to the prince of the power of the air, the spirit that is now working in the sons of disobedience.

v. 3 Among these we all once lived in the desires of our flesh, practicing the desires of our flesh and of our thoughts, and were children of wrath by nature, as also the rest.

v. 4 But God, being wealthy in mercy, because of His great love with which He loved us,

v. 5 even when we were dead through our trespasses, He made us alive together with the Christ, by grace you have been saved.

v. 6 And raised us up with Him, and seated us with Him in the heavenly places in Christ Jesus,

v. 7 in order that He might demonstrate in the coming ages the surpassing wealth of His grace in kindness to us in Christ Jesus.

v. 8 For it is by grace that you have been saved through faith; and this [salvation] is not of yourselves—it is the gift of God;

v. 9 not because of works, in order that no one might boast.

v.10 For we are His creation, created in Christ Jesus for good works, which God prepared beforehand, in order that we should walk in them.

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QUESTIONS:

1. Read Ephesians 2:1-10 and in your own words pull out the main thought of this passage.

2. What has God done for us, according to verse 1?

3. What did we used to be like before we became a Christian, according to verse 2?

4. What were we before we became Christians, according to verse 3?

5. What is God's attitude toward us, according to verse 4?

6. What is our position, according to verse 6?

7. How is it that we become a Christian, according to verse 8?

8. Why is our relationship to God not based on good works, according to verse 9?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: We are born spiritually dead.

LESSON #2: Spiritual life is necessary before you are prepared for eternity.

LESSON #3: Salvation is a gift received by faith.

LESSON #4: Good works are a demonstration that salvation has occurred.

ADDITIONAL NOTES:

STUDY NUMBER FOUR – HIS PLAN FOR PEACE – EPHESIANS 2:11-22**KEY VERSE 2:14**

v.11 Therefore remember, that at one time you Gentiles in the flesh, called uncircumcision by what is called the circumcision, which is made in the flesh by hands—

v.12 because you were at that time separated from Christ, having been excluded from the commonwealth of Israel, and strangers from the covenants of promise, not having hope, and without God in the world.

v.13 But now in Christ Jesus you who were once far away have been brought near in the blood of Christ.

v.14 For He is our peace, the One who made us both one, and has broken down the barrier formed by the dividing wall between us,

v.15 having abolished in His flesh the enmity, the Law of the commandments in ordinances, in order that of the two He might create in Himself one new man, making peace,

v.16 and might reconcile us both to God in one body through the cross, having put to death the enmity by it.

v.17 And having come, He proclaimed peace to you who were far off, and peace to those who were near;

v.18 because through Him we are both having access by one Spirit to the Father.

v.19 So then you are no longer strangers and foreigners, but you are fellow-citizens with the saints, and members of God's household,

v.20 having been built upon the foundation of the apostles and prophets, Christ Jesus Himself being the chief cornerstone,

v.21 in whom the whole building is joined together and is growing into a holy temple in the Lord,

v.22 in whom also you are being built together for a dwelling place of God in the Spirit.

NOTES**QUESTIONS:**

1. Read Ephesians 2:11-22 and in your own words pull out the main thought of this passage.

2. What four things describe our position before we became a Christian according, to verse 12?

3. What is our position now, according to verse 13?

4. Who is our peace, according to verse 14?

5. What did He proclaim, according to verse 17?

6. What is our position now as Christians, according to verse 19?

7. What "foundation" have we built upon?

8. Why are we "being built together for a dwelling place," according to verse 22?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: His plan for peace is in a Person—Jesus Christ.

LESSON #2: He is our Peace.

LESSON #3: Christ abolished the Law in His death.

LESSON #4: Our access to the Father is through the Son and by the Spirit.

ADDITIONAL NOTES:

STUDY NUMBER FIVE – HIS PLAN FOR A BODY – EPHESIANS 3:1-13**KEY VERSE 3:6**

v. 1 Because of this I Paul, the prisoner of Christ Jesus on behalf of you Gentiles—
v. 2 assuming that you heard of the administration of the grace of God which was given to me for you;
v. 3 That by revelation there was made known to me the mystery, even as I have written above in brief,
v. 4 in order that, when you are reading, you are able to understand my insight into the mystery of Christ,
v. 5 which in other generations was not made known to the sons of men, as now it has been revealed to His holy apostles and prophets by the Spirit;
v. 6 that the Gentiles are fellow-heirs and belonging to the same body, and partakers of the promise in Christ Jesus through the gospel,
v. 7 of which I became a minister, according to the gift of the grace of God which was given to me according to the manifestation of His power.
v. 8 To me, though I am the very least of all the saints, this grace was given, to preach to the Gentiles the fathomless riches of Christ.
v. 9 And to bring to light what is the administration of the mystery which has been hidden for ages in God, who created all things,
v.10 in order that now, through the church, might be made known to the principalities and powers in the heavenly places, the manifold wisdom of God.
v.11 According to the eternal purpose which He carried out in Christ Jesus our Lord,
v.12 in whom we are having our boldness and access in confidence through faith in Him.

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v.13 Wherefore I am asking you not to lose heart over my tribulations on your behalf, which is your glory.

QUESTIONS:

1. Read Ephesians 3:1-13 and in your own words pull out the main thought of this passage.

2. Where is Paul when he writes this letter, according to verse 1?

3. What is Paul writing about in this section, according to verse 4?

4. What is the mystery, according to verse 6?

5. What was Paul's position, according to verse 8?

6. What was Paul's purpose, according to verse 9?

7. What does God desire to make known "through the church" in verse 10?

8. What is he asking to do in verse 13?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: A mystery is in the Old Testament concealed and in the New Testament revealed.

LESSON #2: There is one church—His body made up of all those who have life.

LESSON #3: Only in the church can angels comprehend the Grace of God.

LESSON #4: We have access to the Father through the Son and by the Spirit.

ADDITIONAL NOTES:

STUDY NUMBER SIX – HIS PLAN FOR POWER – EPHESIANS 3:14-21

KEY VERSE 3:16

v.14 For this reason I am bowing my knees before the Father,
v.15 from whom every family in heaven and on earth is named,
v.16 that He would grant to you, according to the riches of His glory, to be mightily strengthened through His Spirit in the inner man;
v.17 that Christ might settle down in your hearts through faith in love, having been rooted and grounded,
v.18 in order that you may have power to comprehend with all the saints what is the breadth and length and height and depth;
v.19 and to know the love of Christ, which is surpassing knowledge, in order that you may be filled with all the fullness of God.

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v.20 Now to the One who is able to do infinitely more than we are asking for ourselves, or imagining, according to the power which is working in us, v.21 to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.

QUESTIONS:

1. Read Ephesians 3:14-21 and in your own words pull out the main thought of this passage.

2. What is Paul doing in this section, according to verse 14?

3. What is Paul praying for in verse 16?

4. What is Paul praying for in verse 17?

5. What does he pray that they might know, according to verse 19?

6. What is his desire for them in verse 19?

7. How much can God do in answer to our prayers, according to verse 20?

8. What is working in us, according to verse 20?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

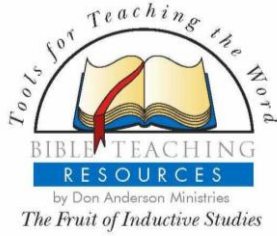
LESSON #1: Have you prayed for strength through His Spirit in the inner man?

LESSON #2: Have you asked for power to comprehend and know the love of Christ?

LESSON #3: Have you prayed to be filled with all the fullness of God?

LESSON #4: Are you satisfied with your prayer life?

ADDITIONAL NOTES:



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PART 2

Key verse 5:17 — *“On this account, do not be foolish but be understanding what the will of the Lord is.”*

STUDY NUMBER SEVEN – HIS PLAN FOR A FUNCTIONING BODY – EPHESIANS 4:1-16

KEY VERSES 4:15, 16

v. 1 I, therefore, the prisoner in the Lord, am begging you to walk worthy of the calling to which you have been called,

v. 2 with all lowliness and meekness, with patience, bearing with one another in love,

v. 3 making every effort to maintain the unity of the Spirit in the bond of peace.

v. 4 There is one body and one Spirit, even as also you were called in one hope of your calling,

v. 5 one Lord, one faith, one baptism,

v. 6 one God and Father of all, the One who is above all, and through all, and in all.

v. 7 But to each one of us there was given grace according to the measure of the gift of Christ.

v. 8 Therefore, it is said when He went up on high, He led away captive those taken captive, and gave gifts to men.

v. 9 Now the fact that He went up, what is it except that also He went down into the lower regions of the earth.

v.10 The One who went down Himself is also the One who went up, above all the heavens, in order that He might fill all things.

v.11 And He gave some apostles, and some prophets, and some evangelists, and some pastors and teachers;

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v.12 For the equipping of the saints for the work of the ministry, for building up the body of Christ;

v.13 until we all attain to the unity of the faith, and the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

v.14 In order that we no longer may be immature, being tossed here and there by the waves, and being carried here and there by every wind of doctrine, by the trickery of men, by their craftiness in deceitful scheming;

v.15 but speaking the truth in love, may grow up into Him in all things, who is the head, Christ,

v.16 from whom all the body, being joined and knit together through every joint with which it is supplied, according to the power that corresponds to the measure of each individual part, is making for growth of the body, resulting in the building up of itself in love.

QUESTIONS:

1. Read Ephesians 4:1-16 and in your own words pull out the main thought of this passage.

2. What is Paul asking them to do, according to verse 1?

3. Describe what our attitude is to be, according to verse 2.

4. What are we supposed to do, according to verse 3?

5. What has been given to us, according to verse 7?

6. What are some of the gifts which are given, according to verse 11?

7. What are we supposed to be doing, according to verse 15?

8. What should be happening to a healthy body, according to verse 16?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Spiritual gifts are for edifying and equipping the Body of Christ.

LESSON #2: Speaking the truth in love involves life and lip.

LESSON #3: Satan's desire is to keep us childish and carnal.

LESSON #4: Each believer has a gift or gifts.

ADDITIONAL NOTES:

STUDY NUMBER EIGHT – HIS PLAN FOR LIFE ON A NEW LEVEL – EPHESIANS 4:17-5:2

KEY VERSES 4:22-24

v.17 This, therefore, I am saying and affirming in the Lord, that no longer are you to be walking as the Gentiles, walking with their minds fixed on futile things,

v.18 being those who have their understanding darkened, who have been estranged from the life of God, through the ignorance that is in them, through the dullness of their hearts;

v.19 who being calloused, they gave themselves over to debauchery, for the practice of all kinds of sinful things and greediness.

v.20 But you did not so learn Christ,

v.21 since indeed you heard about Him and were taught Him, just as the truth is in Jesus,

v.22 that you laid aside concerning your former way of life, the old man, who is being corrupted according to the deceptive desires.

v.23 But get yourselves renewed in the spirit of your minds.

v.24 And put on the new man, who after God was created in true righteousness and holiness.

v.25 Therefore, having put away falsehood, let everyone be speaking the truth with his neighbor, because we are members one of another.

v.26 Be angry and do not sin; do not let the sun go down upon your angry mood.

v.27 And do not give the devil a chance.

v.28 The one who is stealing, let him no longer be stealing; but rather let him work hard, working with his own hands that which is good, in order that he may be having to share with the one who is having need.

v.29 Let every rotten word not be coming out of your mouth, but whatever is good, such as will build up where it is necessary, in order that it might impart grace to those who are hearing.

v.30 And stop grieving the Holy Spirit of God, in whom you were sealed for the day of redemption.

v.31 Let all bitterness and wrath, and anger, and shouting, and slander, be put away from you, with all ill will.

v.32 And be kind to one another, compassionate, forgiving each other, even as also God in Christ forgave you.

5:v.1 Therefore, be imitators of God, as beloved children.

v. 2 And walk in love, even as Christ also loved you and gave Himself up for us, as an offering and a sacrifice to God for an aroma of a sweet smell.

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QUESTIONS:

1. Read Ephesians 4:17-5:2 and in your own words pull out the main thought of this passage.

2. What does Paul tell us in verse 17?

3. Where is "truth," according to verse 21?

4. What are we supposed to lay aside, according to verse 22?

5. What are we supposed to do, according to verse 23?

6. What are we supposed to do, according to verse 24?

7. List the eight bad things that we are supposed to put out of our lives, according to verses 25-31.

8. What are we supposed to do, according to verse 32?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

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v.15 Take heed therefore, how carefully you are walking, not as unwise men, but as wise,
v.16 making the most of the time because the days are evil.
v.17 On this account do not be foolish, but be understanding what the will of the Lord is.
v.18 And do not get drunk with wine, for that is debauchery, but be filled with the Spirit,
v.19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody with all your heart to the Lord;
v.20 giving thanks always concerning all things in the name of our Lord Jesus Christ to God, even the Father;

QUESTIONS:

1. Read Ephesians 5:3-20 and in your own words pull out the main thought of this passage.

2. What six things are to be put out of our lives, according to verses 3 & 4?

3. What is coming upon the “sons of disobedience,” according to verse 6?

4. What does Paul tell us not to do, according to verse 7?

5. What are we supposed to be doing, according to verse 8?

6. What are we supposed to do, according to verse 10?

7. What are we supposed to be doing, according to verse 15?

8. What does Paul challenge us to do in verses 16-18?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Are you walking in the Light, transparent before the Lord?

LESSON #2: Are you learning what is pleasing to the Lord?

LESSON #3: Are you making the most of your time?

LESSON #4: Do you know the will of God for your life?

LESSON #5: Are you filled with the Spirit?

ADDITIONAL NOTES:

STUDY NUMBER TEN – HIS PLAN FOR THE HUSBAND AND WIFE RELATIONSHIP
– EPHESIANS 5:21-33

KEY VERSE 5:33

v.21 putting yourselves in subjection to one another in respect of Christ.
v.22 Wives, be putting yourselves in subjection to your own husbands, as to the Lord.
v.23 Because the husband is the head of the wife, as Christ is the head of the church, He himself being the Savior of the body.
v.24 But as the church is subject to Christ, so also let wives be subject in every thing to their husbands.
v.25 Husbands, love your wives, even as also Christ loved the church and gave Himself up for her;
v.26 in order that He might sanctify her, having cleansed her by the washing of water with the word,
v.27 in order that He might present the church to Himself in splendor, not having spot or wrinkle or any such things; but in order that she might be holy and blameless.
v.28 Even so husbands should love their wives as their own bodies. The one who is loving his own wife is loving himself;
v.29 for no one ever yet hated his own flesh, but is nourishing and cherishing it, even as Christ does the church,
v.30 because we are members of His body.
v.31 For this reason a man shall leave his father and his mother, and shall be joined to his wife; and the two shall become one flesh.
v.32 This is a great mystery, but I am speaking with reference to Christ and the church.
v.33 However, let each one be loving his own wife as himself, and the wife that she respects her husband.
v.32 This is a great mystery, but I am speaking with reference to Christ and the church.
v.33 However, let each one be loving his own wife as himself, and the wife that she respects her husband.

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QUESTIONS:

1. Read Ephesians 5:21-33 and in your own words pull out the main thought of this passage.

2. What are we supposed to do, according to verse 21?

3. Why is the wife supposed to put herself in “subjection” to her husband, according to verse 23?

4. What are husbands supposed to do, according to verse 25?

5. How is cleansing to take place in verse 26?

6. How should husbands love their wives, according to verse 28?

7. What are we “members” of, according to verse 30?

8. What are the husband’s and wife’s responsibilities, according to verse 33?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Submission to designated authority relieves you of the responsibility before God.

LESSON #2: Submission is natural for a woman whose husband is a spiritual leader, servant and magnifying security and self-image.

LESSON #3: Love will give of itself to nurture and present the wife proudly.

LESSON #4: Submission and love summarize the New Testament teaching on marriage.

ADDITIONAL NOTES:

STUDY NUMBER ELEVEN – HIS PLAN FOR THE HOME AND BUSINESS RELATIONSHIP
– EPHESIANS 6:1-9

KEY VERSES 6:1, 5

- v. 1 Children, be obeying your parents in the Lord, for this is right.
- v. 2 Be honoring your father and your mother; this is the first commandment with a promise,
- v. 3 in order that it may be well with you, and in order that you may live long upon the earth.
- v. 4 And fathers, do not make your children angry, but be bringing them up in the discipline and instruction of the Lord.
- v. 5 Slaves, be obeying those who according to the flesh are your masters, with fear and trembling, in sincerity of heart, as to Christ;
- v. 6 not in the way of eyeservice, as men-pleasers; but as servants of Christ, doing the will of God from the heart.
- v. 7 With good will rendering service, as to the Lord and not men,
- v. 8 knowing that each one, whatever good he may do, this he will receive from the Lord, whether he is a slave or whether he is free.
- v. 9 And masters, do the same to them, giving up your threatening, knowing that also their Master and yours is in heaven, and there is not partiality with Him.

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QUESTIONS:

1. Read Ephesians 6:1-9 and in your own words pull out the main thought of this passage.

2. What are children commanded to do in verse 1?

3. What are children commanded to do in verse 2?

4. What is the purpose for these previous commands, according to verse 3?

5. What are fathers to do, according to verse 4?

6. How are slaves supposed to serve, according to verses 6 & 7?

7. What are we supposed to know, according to verse 8?

8. What are masters asked to give up and why, according to verse 9?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Submission, love and obedience are the ingredients of a godly home.

LESSON #2: Fatherhood involves encouragement, exhortation, and example.

LESSON #3: A job is transformed when you see it as serving the Lord.

LESSON #4: Leaders are held responsible for the right use of authority.

ADDITIONAL NOTES:

STUDY NUMBER TWELVE – HIS PLAN FOR DEFENSE – EPHESIANS 6:10-24

KEY VERSES 6:10-11

v.10 Finally, be strong in the Lord in the strength of His might.

v.11 Put on the whole armor of God, to the end that you may be able to hold your ground against the stratagems of the devil.

v.12 Because we are not wrestling against blood and flesh, but against the principalities, against the powers, against the world rulers of this darkness, against the spiritual forces of wickedness in the heavenly places.

v.13 On this account, take the whole armor of God in order that you may be able to stand your ground in the evil day, and after proving victorious over everything, to stand your ground.

v.14 Stand therefore, after you have girded your waists with truth, and having put on the breastplate of righteousness,

v.15 and having sandaled your feet with the equipment of the gospel of peace.

v.16 In addition to all these, taking the shield of faith, by means of which you can put out all the flaming darts of the evil one.

v.17 And take the helmet of salvation and the sword of the Spirit, which is the word of God.

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v.18 Through every prayer and supplication, praying at all times in the Spirit, and maintaining a constant alertness in the same with all perseverance and supplication for all the saints,

v.19 and on behalf of me, in order that there might be given me utterance in the opening of my mouth in boldness, to proclaim the mystery of the gospel,

v.20 for which I am an ambassador in a chain, in order that in it I may declare it boldly, as I ought to speak.

v.21 But in order that you also might know how I am, and what I am doing, all things to you, Tychicus, the beloved brother and faithful minister in the Lord, will make known.

v.22 Whom I sent to you for this same purpose, in order that you might know these things concerning us, and that he might encourage your hearts.

v.23 Peace to the brethren, and love with faith, from God the Father and the Lord Jesus Christ.

v.24 Grace be with all those who are loving our Lord Jesus Christ with undying love.

QUESTIONS:

1. Read Ephesians 6:10-24 and in your own words pull out the main thought of this passage.

2. How are we supposed to be strong, according to verse 10?

3. What are we to “put on” and why, according to verse 11?

4. What are we “wrestling” against, according to verse 12?

5. What are we supposed to do, according to verse 13?

6. Make a listing of the pieces of “armor” that are given in verses 14-17.

7. Who is Paul sending to them, and how does he describe him in verse 21?

8. Why did Paul send Tychicus to them, according to verse 22?

9. What verse in the study has meant the most to you?

10. What lesson have you learned from this study?

LESSONS FROM THE PASSAGE:

What are some of the lessons we can learn from this particular study?

LESSON #1: Living life according to God’s plan involves warfare.

LESSON #2: Satan will defeat us in our own strength.

LESSON #3: The armor is adequate in His strength.

LESSON #4: We must stand our ground because there is no armor for the back.

ADDITIONAL NOTES:
